

Kursplan Reha-Sport im Vitadeum Glienicke

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
08:00-09:00					
09:00-10:00		Rehasport (9:00- 9:45)	Rehasport (09:30 - 10:15)		
10:00-11:00					
11:00-12:00		Rehasport (11:15 - 12:15)	Rehasport (11:00 - 12:00)		Rehasport (11:00 - 12:00)
12:00-13:00	Rehasport (12:00 - 13:00)		Rehasport (12:00 - 13:00)	Rehasport (12:00 - 13:00)	Rehasport (12:00 - 12:45)
13:00-14:00		Rehasport (12:30 - 13:30)			
14:00-16:00					
16:00-17:00					
17:00-18:00	Rehasport (17:00 - 18:00)	Rehasport (17:00 - 18:00)			
18:00-19:00	Rehasport (18:00 - 19:00)		Rehasport (17:45 - 18:45)		
19:00-20:00	Rehasport (19:00 - 20:00)	Rehasport (19:15 - 20:15)		Rehasport (19:00 - 20:00)	
20:00-21:00				Rehasport (20:00 - 21:00)	